

MAKE A GIFT

Shine light on ability, not disability, by donating to the STARability Foundation:

- Give online: STARability.org/donate.
- Mail a check to our office:
5125 Castello Drive, Naples, FL 34103
- Become a monthly donor, the easiest way to give
- Leave a legacy for our future with a planned gift

Learn more by contacting Miriam Pereira, chief philanthropy officer, at 239.594.9007 or miriam@STARability.org.

Did you know NOVEMBER is National Epilepsy Awareness Month?

Epilepsy can affect people of all ages, and it is the fourth most common neurological disorder. Each year, 150,000 more people are diagnosed with epilepsy. One in 26 people in the United States will develop epilepsy. For more information, visit epilepsy.com.



5125 Castello Drive, Naples, FL 34103

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PARTICIPANT NEWSLETTER
NOVEMBER 2021

Holiday Party

It's the most wonderful time of the year! Come celebrate holiday cheer with all of your STARability friends and family.

Friday, Dec. 17, 6-9 p.m.

RSVP by Friday, Dec. 10

Host: STARability Foundation

Venue: St. John the Evangelist Catholic Church

625 111th Ave. N.

Naples, FL 34108

Cost: \$25 for guests

Menu: Meatballs, penne alla vodka, bread and butter, and cookies

To RSVP, please visit STARability.org/monthly-socials. To learn more, please email connor@STARability.org or call 239.594.9007.



Prepare for holiday guests

All seating and tables are 25% off during the month of November!

Inside the Studio

☆ Fall candles are 25% off this month! Shop six winter holiday scents starting Nov. 30.

☆ Hand-poured ornaments and holiday edition STAR Cards are now available!

Store Hours

Tuesday - Friday
10 a.m. to 5 p.m.

Saturday
10 a.m. to 4 p.m.

We can't wait to see you!

106 10th St. N., Naples, FL 34102
Naples Design District
STARability.org/STAR-store

Connect with us!



Questions? Please contact events@STARability.org or 239.594.9007 x102.

OUR MISSION

To transform the lives of individuals with disabilities through social, vocational and educational connections to the community, while strengthening awareness and respect for individual abilities.

239.594.9007

STARability.org

info@STARability.org

Follow us for photos, updates and more!

@STARabilityFdn
@STARStoreNaples



Frank F.	11/01	Dominique O.	11/11	Kristina A.	11/22
Camille T.	11/03	Nicholas F.	11/12	Stephen G.	11/23
Charles D.	11/03	Andrew G.	11/12	Lindsey B.	11/26
Jonathan H.	11/04	Tim G.	11/12	Parker S.	11/26
John D.	11/08	Thomas C.	11/12	Jonathan W.	11/27
Stephanie P.	11/08	Natalie G.	11/12	Linda S.	11/27
Jade P.	11/10	Lizy C.	11/19	Shelbi S.	11/28

STARability.org

5125 Castello Drive, Naples, FL 34103 • 239.594.9007

STAR SPOTLIGHT



Daniel P.

Meet Daniel! Originally from Park Ridge, Illinois, Daniel currently lives in Naples with his mother and father and their three standard poodles. Daniel has been a STARability participant for two years, and his favorite programs are the vocational and educational experiences with the Trailblazer Academy, as well as the Baseball League, where he enjoys staying active! STARability has helped Daniel to meet new people and make new friends. One day, he would love to see STARability create a dance committee. His favorite vacation destination is beautiful Hawaii! In his spare time, Daniel enjoys playing video games, going to the movies, reading books, studying mythology and playing with his dogs. His favorite food is lasagna with a Dr. Pepper. Some of his other favorites include the color sage green, any music by Toby Keith, the TV show "Unnatural History" and the movie "Jurassic Park." In the future, Daniel's dream is to go to college and study literature!

He would love to see STARability create a dance committee.

Shining a Light on Your STAR Qualities!

- Reading
- Being great with dogs
- Learning about history and visiting historic sites

VOLUNTEER FOCUS



Jeff Maconaghy

Meet Jeff Maconaghy! In April, Jeff joined the STARability Board of Directors after being asked by close friend and current treasurer Ken Gilman. "Ken made me a bet that I wouldn't join the board. He lost and I won. I joined the board earlier this year and am still learning, but it's awesome!"

Jeff recently was the event chair for the 3K Fun Run, Walk & Roll on Oct. 16. The event raised over \$53,000! With the event being a tremendous success, Jeff credits his colleagues for bringing the energy necessary to put on such a great fundraiser. "The energy from the board is contagious.

As stated, this is a labor of love. And, boy, do they love what they do. I feed on energy, so it's refreshing to be part of a group that cares intrinsically about their mission to serve."

Jeff says he has been inspired to love people more fully, adding, "STARability has opened my mind, heart and soul."

SHINING STORIES

Celebrating STAR participants and programs



One of the newest vocational partners of STARability's Trailblazer Academy is Avow Hospice. During the month of September, participants assisted with building snack bags for traveling nurses. This opportunity was important

because the participants learned about Avow Hospice's organization and the purpose of the snack bags and how they are helping others in our community.



VIRTUAL STAR CONNECTIONS

For questions, email our Virtual Program Manager Francesca MacAlister at francesca@STARability.org. All times listed are EST.

Arts & Expressions:

Musical Theater: Monday 12 p.m.
Photography Exhibit: Monday 2:30 p.m.
LOL: Improv Fun Thursdays: Thursday 12 p.m.

Health & Wellness:

SPIRIT Club Fitness: Tuesday 10:15 a.m.
Health Matters: Tuesday 2:30 p.m.
Yoga: Friday 3:30 p.m.

Life Enrichment

Health & Safety: Wednesday 9 a.m.
Garden Club: Wednesday 10:15 a.m.
Nutrition: Thursday 9 a.m.

Plus, our free bundle:

Bingo: Monday 1:15 p.m.
Computer Class: Wednesday 2:30 p.m.
Next Chapter Book Club: Thursday 10:30 a.m.

Visit STARability.org for more information.

2021 SOCIAL CALENDAR

NOVEMBER

Thanksgiving Party

- Friday, Nov. 19, 6-9 p.m.
- RSVP by Friday, Nov. 12
- Host: STARability Foundation
- Venue: St. Peter the Apostle Catholic Church
- Cost: \$30 for guests
- Menu: Thanksgiving dinner



- Theme: Fun Florida Facts
- Friday, Nov. 5, 5-6 p.m.
- Zoom
- Receive your invitation by emailing connor@STARability.org.



- Friday, Nov. 12, 6-8 p.m.
- Zoom
- Receive your invitation by emailing connor@STARability.org.

DECEMBER

Holiday Party

- Friday, Dec. 17, 6-9 p.m.
- RSVP by Friday, Dec. 10
- Venue: St. John the Evangelist Catholic Church
- Details on Cover

JANUARY

New Year's Celebration

- Friday, Jan. 7, 6-9 p.m.
- RSVP by Friday, Dec. 31
- Venue: Paradise Coast Sports Complex (The Cove)
- Cost: \$10 for guests
- Menu: Assorted sandwiches, chips, fruit and drinks

THANK YOU!

Thank you, Debbie W., for once again being such a great volunteer host and throwing the best Halloween party ever. Another thank you to St. Leo's for allowing us to host our party!

STAR CONNECTIONS

Individuals that are not fully vaccinated against Covid-19 are requested to wear a mask.

ART CLASS

Join us Tuesdays from 3:30-4:30 p.m. at the STARability office. Cost of \$10 is due each class. Spots are limited, so RSVP weekly to connor@STARability.org or by calling 239.594.9007.

BASEBALL LEAGUE **New!**

Baseball is back on Jan. 8! Games will be held at Osceola Elementary School on Saturdays from 10 a.m. to noon; arrive at 9:45 a.m. for check-in and warm ups. Register for this upcoming season by Nov. 26 at STARability.org. For any questions, please email connor@STARability.org.

BASKETBALL LEAGUE

Join us Fridays from 1:30-2:30 p.m. at the North Collier Regional Park gym. Spots are limited, so please RSVP weekly to connor@STARability.org or by calling 239.594.9007.

BOWLING LEAGUE

LEAGUE 1: Mondays at noon | Bowland Beacon Bowl | Stacy Bolesky
LEAGUE 2: Thursdays at 10:30 a.m. | HeadPinz, Naples | Diane Van Horn
LEAGUE 3: Thursdays at 1 p.m. | HeadPinz, Naples | Kathy Crevier
Payment of \$2.25 per game due at time of play; maximum two games. Registration and RSVP information: STARability.org/bowling-league.

COMPUTER CLASS

Join us Wednesdays from 3:30-4:30 p.m. at the STARability office. For more information and signups, please email connor@STARability.org or call 239.594.9007.

GARDEN CLUB

Join us Thursdays from 3:30-4:30 p.m. at the THRIVE*ability garden. Cost of \$10 is due each class. For more information and signups, please email halley@STARability.org.

IMPROV **New!**

Improv is back! Improv is being held at The Naples Players (TNP) on Mondays from 1:45 to 2:45 p.m. TNP is located at 701 5th Ave. S., Naples. Cost is \$30 per month. For registration, please email connor@STARability.org or call 239.594.9007 x104.