

MAKE A GIFT

Shine light on ability, not disability, by donating to the STARability Foundation:

- Give online: STARability.org/donate.
- Mail a check to our office:
5125 Castello Drive, Naples, FL 34103
- Become a monthly donor, the easiest way to give
- Leave a legacy for our future with a planned gift

Learn more by contacting Miriam Pereira, chief philanthropy officer, at 239.594.9007 or miriam@STARability.org.

Did you know JANUARY is National Mentoring Month?

This month celebrates the growth of the mentoring movement, recognizing the relationships formed each day and offering an opportunity to thank those who have inspired us. To become a mentor by volunteering at STARability, please email connor@STARability.org.



5125 Castello Drive, Naples, FL 34103

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PARTICIPANT NEWSLETTER
JANUARY 2022

VALENTINE'S DAY PARTY

There is love in the air!
Come join your STARability family for a lovely night of dancing and dinner.

Friday, Feb. 25, 6-9 p.m.
RSVP by Friday, Feb. 18
Host: Naples Civitan Club
Venue: St. John the Evangelist Catholic Church
625 111th Ave. N.
Naples, FL 34108
Cost: \$30 for guests

Menu: Classic Italian buffet: lasagna, chicken marsala, meatballs, sausage with peppers & onions, Italian market salad and garlic rolls

To RSVP, please visit STARability.org/monthly-socials. To learn more, please email connor@STARability.org or call 239.594.9007 ext. 104.



Happenings
& More

New Year's Resolution to Clear Clutter?

Consider a donation of gently used furniture or home goods to the STAR Store!

Inside the Studio

25% off winter candles through Jan. 31

Visit the online store at: starstorenaples.square.site

Find us at the Naples New Year's Art Show & ArtFest Naples this month!

Store Special

20% off

all furniture including sofas, chairs, stools

Lots to choose from!

106 10th St. N., Naples, FL 34102
Naples Design District
STARability.org/STAR-store

Tuesday - Friday
10 a.m. to 5 p.m.
Saturdays, 10 a.m. to 4 p.m.



Register for free at: STARability.org/gala

OUR MISSION

To transform the lives of individuals with disabilities through social, vocational and educational connections to the community, while strengthening awareness and respect for individual abilities.

239.594.9007

STARability.org

info@STARability.org

Follow us for photos, updates and more!

@STARabilityFdn
@STARStoreNaples



Bruce I.	1/02	William P.	1/17	Paul S.	1/27
Ruby D.	1/02	Scott M.	1/18	Yesenia V.	1/27
Andrew D.	1/03	Neal M.	1/19	Walter E.	1/28
Terence B.	1/09	Griffin S.	1/20	Ernest W.	1/29
Lauren J.	1/10	Michael S.	1/21	Kyria M.	1/30
Brittney V.	1/15	Jake R.	1/23		
Tyler M.	1/16	Isabel L.	1/26		

STARability.org

5125 Castello Drive, Naples, FL 34103 • 239.594.9007

STAR SPOTLIGHT



Felipe H.

Meet Felipe! Originally from Ecuador, Felipe currently lives in Naples with his mom and dad after moving over to Bonita Springs when he was 9 years old. His favorite thing about living in Naples is the holidays. He loves everything about Christmas—especially admiring all the houses decorated in lights. Felipe has been a STARability participant since 2015 and his favorite programs are bowling, Trailblazer Academy and dancing at monthly social events. STARability has helped Felipe make lots of new friends and improve his social skills. Felipe wants STARability to continue offering fitness classes and bowling and would like us to expand our theater classes. His favorite vacation destination is anywhere with a beach. Felipe also enjoys watching TV and going outside to do a variety of activities. Some of his other favorites include the color blue, Chick-fil-A, orange juice and music by Miley Cyrus, particularly Party in the USA. He also loves to call people “chicken nugget” and tell everyone happy birthday! In the future, Felipe hopes to start his job again at HomeGoods!

His favorite thing about living in Naples is the holidays.

Shining a Light on Your STAR Qualities!

- Dancing
- Cleaning
- Swimming

VOLUNTEER FOCUS



Patty Rodriguez

Meet Patty! Patty began volunteering for STARability before the STAR Store upscale resale shop opened nearly three years ago, helping STAR Store Director Carrie Jo collect donations and price the items. Patty is a former elementary school teacher and has a degree in fashion merchandising. While volunteering, Patty says that her favorite part is the interaction with the participants. She says they always teach her how wonderful life can be when you have a purpose.

“I am very grateful to be part of this amazing organization! The smiles on the faces of the participants as they work to make a difference are priceless and will not soon be forgotten by me. The STAR Store is the perfect volunteer opportunity, and 100% of the sales go directly to the STARability programs and participants.”

SHINING STORIES

Celebrating STAR participants and programs



Last month, some of our STARs got to participate in our first Cooking Class with Sandra since March of 2020. Each class begins with a fun lesson that focuses on health, nutrition, group skills and

personal safety before heading into the kitchen. Participants of all abilities contribute to creating and serving a healthy and delicious multi-course meal as well as dining together and cleaning up their work spaces at the end. Keep an eye out on your emails for future dates this month!

VIRTUAL STAR CONNECTIONS

Each bundle is \$35 per month. For questions, email our Virtual Program Manager Francesca MacAlister at francesca@STARability.org. All times listed are EST.

Arts & Expressions:

Musical Theater: Monday 12 p.m.
Photography Exhibit: Monday 2:30 p.m.
LOL: Improv Fun Thursdays: Thursday 12 p.m.

Health & Wellness:

SPIRIT Club Fitness: Tuesday 10:15 a.m.
Health Matters: Tuesday 2:30 p.m.
Yoga: Friday 3:30 p.m.

Life Enrichment

Health & Safety: Wednesday 9 a.m.
Garden Club: Wednesday 10:15 a.m.
Nutrition: Thursday 9 a.m.

Plus, our free bundle:

Bingo: Monday 1:15 p.m.
Computer Class: Wednesday 2:30 p.m.
Next Chapter Book Club: Thursday 10:30 a.m.

Visit STARability.org for more information.

2022 SOCIAL CALENDAR

JANUARY

New Year's Picnic

- Friday, Jan. 7, 6-9 p.m.
- RSVP by Friday, Dec. 31
- Venue: Paradise Coast Sports Complex (The Cove)
- Cost: \$10 for guests
- Menu: Assorted sandwiches, chips, fruit and drinks



- Theme: Peanuts
- Friday, Jan. 14, 5-6 p.m.
- Zoom
- Receive your invitation by emailing connor@STARability.org.



- Friday, Jan. 28, 6-8 p.m.
- Zoom
- Receive your invitation by emailing connor@STARability.org.

FEBRUARY

Valentine's Day Party

- Friday, Feb. 25, 6-9 p.m.
- RSVP by Friday, Feb. 18
- Venue: St. John the Evangelist Catholic Church
- Host: Naples Civitan Club
- Details on cover

MARCH

All American BBQ

- Details coming soon!

THANK YOU!

Thank you, St. John the Evangelist Catholic Church and Two Guys Catering, for helping us spread holiday cheer to our STARability participants and families. They loved every minute of it!

STAR CONNECTIONS

Individuals who are not fully vaccinated against Covid-19 are requested to wear a mask.

ART CLASS

Join us Tuesdays from 3:30-4:30 p.m. at the STARability office. Cost of \$10 is due each class. Spots are limited, so RSVP weekly to connor@STARability.org or by calling 239.594.9007 x104.

BASEBALL LEAGUE

Games will be held at Osceola Elementary School on Saturdays from 10 a.m. to noon; arrive at 9:45 a.m. for check-in and warm ups. Cost is \$40 for the season and you can register at STARability.org. For any questions, please email connor@STARability.org.

BASKETBALL LEAGUE

Join us Fridays from 1:30-2:30 p.m. at the North Collier Regional Park gym. Cost is \$10 per month. Spots are limited, so please RSVP weekly to connor@STARability.org or by calling 239.594.9007 x104.

BOWLING LEAGUE

LEAGUE 1: Mondays at noon | Bowland Beacon Bowl | Stacy Bolesky
LEAGUE 2: Thursdays at 10:30 a.m. | HeadPinz, Naples | Diane Van Horn
LEAGUE 3: Thursdays at 1 p.m. | HeadPinz, Naples | Kathy Crevier
Payment of \$2.25 per game due at time of play; maximum two games. Registration and RSVP information: STARability.org/bowling-league.

COMPUTER CLASS

Join us Wednesdays from 3:30-4:30 p.m. at the STARability office. For more information and signups, please email connor@STARability.org or call 239.594.9007 x104.

GARDEN CLUB

Join us Thursdays on a bi-weekly basis from 3:30-4:30 p.m. at River Park Community Center! Help grow our new THRIVE*ability Garden with Halley and Jason! Cost is \$5 per session. Please RSVP by emailing to connor@STARability.org or calling 239.594.9007 x104.

MUSICAL THEATER

Musical Theater is being held at The Naples Players (TNP) on Mondays from 1:45 to 2:45 p.m. TNP is located at 701 5th Ave. S., Naples. Cost is \$30 per month. For registration, please email connor@STARability.org or call 239.594.9007 x104.

For more information on STAR Connections, visit STARability.org.