



January 2023



# Participant Newsletter

## Social Events

### January & February

#### ● Trivia Night

Friday, Jan. 13 & Friday, Feb. 3  
from 5-6 p.m. on Zoom

#### ● Club STAR

Friday, Jan. 20 & Wednesday, Feb. 22  
from 5-7 p.m. on Zoom

#### New Year's Party

Thursday, Jan. 19 from 5:30-8:30 p.m.  
at Paradise Coast Sports Complex's  
The Cove

Menu & cost: TBD

#### Valentine's Day Party

**Date:** Friday, Feb. 17, 5:30-8:30 p.m. at  
St. John the Evangelist Catholic Church

**Cost:** TBA

**Menu:** TBA

## Questions?

Please reach out to our Enrollment & Volunteer Manager Connor Nehls at [connor@STARability.org](mailto:connor@STARability.org) or call 239.594.9007 x104.

## In-person Programming

### Art Class

Tuesdays from 3:30-4:30 p.m. at STARability  
Cost: \$10 per class

### Baseball League

Saturdays at 10 a.m. at Osceola Elementary School. Please reach out to Connor to sign up.

### Basketball League

Fridays from 1:30-2:30 at St. John the Evangelist Catholic Church  
Cost: \$10 per month

### Bowling League

Mondays at noon at Beacon Bowland,  
Thursdays at 10:30 a.m. at 1 p.m. at HeadPinz  
Cost: \$2.50 per game

### Computer Class

Wednesdays from 3:30-4:30 p.m. at STARability

### Cooking Class

*Dates and locations vary*

### Game Room

Thursdays 3:30-4:30 p.m. at STARability

### Life Enrichment

Mondays 3:30-4:30 p.m. at STARability

### Musical Theater

Mondays from 1:45-2:45 p.m. at STARability Office please email [connor@STARability.org](mailto:connor@STARability.org) to sign up

### Garden Club

Every first and third Thursday at 3:30 p.m. at our THRIVEability garden. Reach out to Connor if interested.

Cost: \$10 per class