



Help Shape the Future of
STARability's Services! Scan Here
for Survey

Stay Connected!



@STARabilityFdn

*Our mission is to transform the lives of people
with intellectual and developmental disabilities.*



November Social Event *Thanksgiving Party*

**Friday, November 21st
5-8 p.m.**

New Hope Ministries

7675 Davis Blvd, Naples FL. 34104

Menu: Thanksgiving Themed Dinner

Cost: \$25

**RSVP by Friday November 14th to:
starconnect@starability.org or call
239.594.9007**

Happy Birthday to Our October STARS!

10/1 William L.	10/10 Anthony I.	10/17 William I.	10/22 Deandra A.	10/29 Kayden M.
10/1 John T.	10/13 Anna C.	10/18 Danielle D.	10/22 Allison O.	10/30 Joseph M.
10/2 Tommy G.	10/14 Jothan M.	10/19 Payton H.	10/23 Melissa C.	10/30 Adam V.
10/6 Dylan G.	10/14 Kiyana D.	10/19 Lauren F.	10/23 Matthew N.	10/31 Russell R.
10/6 Shannon L.	10/15 Carl H.	10/20 Kimberly L.	10/24 Kristen S.	10/31 Sean W.
10/9 Carol C.	10/16 Katherine S.	10/20 Jaclyn H.	10/26 Matthew B.	
10/9 Connor M.	10/17 Hadley P.	10/21 Matthew M.	10/26 Abigail K.	

A Gift Rooted in Family, Growth, and Community

At STARability, every journey is unique. Alexis’ is a shining example. She joined STARability in 2017 as a high school student, became one of the first Jr. Trailblazers, and has since grown into a confident young adult working at Winfield Coffee.

Her journey recently came full circle through Goodness for Pets, the North Naples store where her mom, Jen, is manager and Alexis helps customers. Inspired by their positivity and progress, the store’s owner, Sharon, and the Seevers Family Foundation has made a remarkable contribution to help fund our annual scholarship budget for STARability families

This gift will cover half of our annual scholarship budget, ensuring that dozens of participants can access the same life-changing opportunities that have empowered Alexis.

“STARability has given Alexis the tools and confidence to thrive,” shared Jen. “We want other families to feel that same support.” This gift is more than financial—it’s a reflection of gratitude, hope, and a belief in a community where every ability is valued.



STAR Connections

For more information on offerings and class sign-ups, contact our STAR Connections team at starconnect@starability.org or 239.594.9007.

MONDAYS

Game Room
2-3 p.m.
STARability office

Bowling League
3 p.m.
810 Billiards & Bowling, Estero
\$2.50 per game due at time of play; maximum two games. To register, please contact us.

Career Explorations with Career Services
3:30-4:30 p.m.
STARability office
\$5 per class
RSVP required

TUESDAYS

Improv & Musical Theater
2-3 p.m.
The Naples Players
\$10 per class, *RSVP required*

Book Club
3:30-4:30 p.m.
STARability office
RSVP required

Art
3:30-4:30 p.m.
STAR Studio
\$10 per class, *RSVP required*

WEDNESDAYS

Flag Football
10:00-11:30 a.m.
Paradise Coast Sports Complex
\$10 per month

Yoga
1:30-2:30 p.m.
STARability office
\$10 per class, *RSVP required*

Music Explorers
3:30-4:30 p.m.
Ridgewood office
\$10 per class, *RSVP required*

Art
3:30-4:30 p.m.
STAR Studio
\$10 per class, *RSVP required*

THURSDAYS

Golf
10:00-11:30 a.m.
Paradise Coast Sports Complex
\$10 per month

Bowling League
1 p.m.
Headpinz, Naples
\$2.50 per game due at time of play; maximum two games. To register, please contact us.

Game Room
3:30-4:30 p.m.
STARability office

FRIDAYS

Basketball
1:30-2:30 p.m.
St. John the Evangelist Catholic Church (Pulte Family Life Center)
\$10 per month

Cooking Class
Dates and locations vary. \$10 per class



Did you know STARability offers 24 classes all through Zoom?

You get up to 3 virtual classes of your choice with your membership!

If you would like to learn more information please reach out to starconnect@starability.org

Social Events



Annual Halloween Party

October 31st, 5-8pm
St. Leo Catholic Church

Menu: Pizza

Cost: \$15 per guest

Club STAR
Oct. 20th
5-7 p.m.



Save the Dates!

NOVEMBER

Thanksgiving Party
Details on cover.

DECEMBER

Holiday Party
Details to follow.



Did you know October is Down Syndrome Awareness Month?

You can learn more by going to: <https://ndss.org/down-syndrome-awareness-month>

Spotlight: Ethan Kula

Each month, we spotlight a staff member, participant or volunteer. **You** could be next!

Meet Ethan!

Originally from New Jersey, Ethan now lives in Naples with his parents and loves the beautiful view from his home. He joined STARability a little over a year ago and has become more active through activities like bowling. He also participated in the Reverse Job Fair with the Career Services department and currently works at the Home Collection store.

Ethan is passionate about the transportation industry, especially trains, and hopes to work in that field one day. Outside of STARability, he’s interested in learning more about railroad operations.

A few fun facts about Ethan: his favorite vacation destination is Japan, he loves sushi, his favorite color is green, and he enjoys listening to ’80s music.



New Apparel Is Almost Here!

Don't miss the launch of our latest STAR-illustrated shirts and hat colors at the Oct. 18 **Run, Walk & Roll 5K!** Show your STAR pride with the “Inclusion Collection,” featuring original artworks by a record **21** STAR artists.

Shop at 106 10th St. N. or [STARabilitystudio.square.site](https://starabilitystudio.square.site).