



720 Goodlette-Frank Rd. N.
Suite 400
Naples, FL 34102



Happy Holidays

Stay Connected!



@STARabilityFdn

Our mission is to transform the lives of people
with intellectual and developmental disabilities.

PARTICIPANT NEWSLETTER

December 2025



January Social Event

Kick-Off the New Year!

Friday, January 16th 5-8 p.m.

St. Johns the Evangelist Church

625 111th Ave N., Naples FL. 34108

Menu: Michlebob's Barbecue Cost: \$20

Theme: Western Style

Think you can out-cowboy the rest of us? Prove it.
Western gear encouraged—boots, hats, denim, fringe,
the whole rodeo!

RSVP by Friday January 9th to:

starconnect@starability.org or call 239.594.9007

Happy Birthday to Our December STARS!

12/1 Debra G.	12/8 John C.	12/15 Nicole H.	12/23 Abigail N.	12/28 Amanda B.
12/1 Donald S.	12/9 Dagoberto R.	12/17 Camryn R.	12/23 Zachary D.	12/29 Christy P.
12/2 Sohitha P.	12/11 Ashley A.	12/17 Rose R.	12/24 Joseph S.	12/30 Pearl B.
12/2 Mallory B.	12/12 Scott L.	12/19 Emily S.	12/26 Drew O.	12/31 Alexandra A.
12/3 Tiffany D.	12/12 Todd K.	12/20 Scott J.	12/26 Hannah K.	
12/5 Cole W.	12/13 Frank R.	12/21 Nicole S.	12/26 Roger R.	
12/6 Meredith S.	12/14 Doug B.	12/22 TJ M.	12/27 Christopher I.	

8th Annual Run, Walk & Roll 5K Recap!

What an unforgettable morning! This year's 8th Annual Run, Walk & Roll 5K brought together an inspiring 550+ participants, making it one of our largest turnouts ever. Thanks to the generosity and enthusiasm of our runners, walkers, volunteers, and sponsors, we raised over \$90,000 to support STARability's mission.

We are especially grateful to Inspired Closets of SWFL, our Presenting Sponsor, whose partnership and support helped make this event such a success.

From the energy at the starting line to the celebration at the finish, the event was filled with community spirit, determination, and joy. Every step taken and every dollar raised helps provide life-changing programs and opportunities for individuals with intellectual and developmental disabilities.

We extend our heartfelt thanks to everyone who signed up, showed up, donated, volunteered, and cheered. Your support makes all the difference and we can't wait to do it again next year!



Spotlight: Allie Perez

Meet Allie!

Allie Perez serves as the Director of Events & Community Relations at STARability Foundation and has been with the organization since August 2024 following her move from Miami to Naples. With a strong background in event planning and a deep passion for community engagement, Allie is dedicated to creating impactful experiences that strengthen connections, elevate STARability's mission, and celebrate the abilities of the individuals the organization serves.

Having worked with the IDD community for more than five years, Allie is a committed advocate for STAR participants and strives to execute events that both educate the broader community and highlight the unique talents of each STAR.

Her work blends creativity, strategy, and heart - ensuring every event reflects STARability's mission and the voices of those it supports. Outside of work, Allie enjoys crafting, spending quality time with her family, and shelling along Southwest Florida's beautiful beaches.

2026 STARability Baseball Registrations NOW OPEN

Cost: \$50

Where: Osceola Elementary School on Saturdays at 10am starting on January 10th, 2026

Contact: Connor@starability.org with any questions



STAR Connections

MONDAYS

Game Room

2-3 p.m.
STARability office

Bowling League

3 p.m.
810 Billiards & Bowling, Estero
\$2.50 per game due at time of play; maximum two games. To register, please contact us.

Career Explorations with Career Services

3:30-4:30 p.m.
STARability office
\$5 per class
RSVP required

TUESDAYS

Improv & Musical Theater

2-3 p.m.
The Naples Players
\$10 per class, RSVP required

Book Club

3:30-4:30 p.m.
STARability office
RSVP required

Art

3:30-4:30 p.m.
STAR Studio
\$10 per class, RSVP required

WEDNESDAYS

Flag Football

10:00-11:30 a.m.
North Collier Regional Park
\$10 per month

Yoga

1:30-2:30 p.m.
STARability office
\$10 per class, RSVP required

Music Explorers

3:30-4:30 p.m.
Ridgewood office
\$10 per class, RSVP required

Art

3:30-4:30 p.m.
STAR Studio
\$10 per class, RSVP required

THURSDAYS

Golf

10:00-11:30 a.m.
North Collier Regional Park
\$10 per month

Bowling League

1 p.m.
Headpinz, Naples
\$2.50 per game due at time of play; maximum two games. To register, please contact us.

Game Room

3:30-4:30 p.m.
STARability office

Garden Club

4-5pm
First and Third Thursday every Month
THRIVEability Garden
\$10 per session
RSVP to thrive@STARability.org

FRIDAYS

Basketball

1:30-2:30 p.m.
St. John the Evangelist Catholic Church (Pulte Family Life Center)
\$10 per month

Life Enrichment

3:30-4:30pm
STARability Office

Cooking Class

Dates and locations vary.
\$10 per class



Did you know STARability offers 24 classes all through Zoom?

You get up to 3 virtual classes of your choice with your membership!

If you would like to learn more information please reach out to starconnect@starability.org

For more information on offerings and class sign-ups, contact our STAR Connections team at starconnect@starability.org or 239.594.9007.

Social Events



Annual Holiday Party

December 19th

5-8pm

New Hope Ministries

Menu: Spaghetti and

Meatballs, Caesar

Salad, Garlic Bread, and Cookies

Cost: \$25 per guest

Club STAR
Dec. 15th
5-7 p.m



Save the Dates!

JANUARY

New Years Kick-Off
Details on cover.

FEBUARY

Valentines Day Party
Details to follow.



Holiday Shopping, Done.

Don't miss the year's most fun opportunities to shop Studio gifts! Celebrate the holidays and support STARability with us in-store Dec. 3 during the Naples Design District Holiday Stroll, and Dec. 5-6 on Fifth Avenue South during Christmas on Fifth!

106 10th St. N. | STARabilitystudio.square.site

